

A woman with short, wet, reddish-brown hair is sitting on a stone ledge, viewed from behind. She is wearing a colorful, patterned one-piece swimsuit with a pink crisscross back. She is looking out over a body of water. The scene is brightly lit, suggesting a sunny day.

*15 Days
Portugal and
the Azores*

day by day

Portugal and the Azores, 15 Days

☉ DAYS 1-6: SÃO MIGUEL, AZORES

Fly to Ponta Delgada Airport (PDL) on the island of São Miguel with TAP Air Portugal, a two-hour direct flight from Lisbon.

São Miguel is the biggest island in the archipelago, 62.1 km in length and 15.8 km at its maximum width. More than half of the Azorean population (137,856 inhabitants in 2011) live here, occupying an area of 744.7 sq. km. São Miguel is part of the eastern group of the Azores archipelago.

Sleep (5 nights) at PINK HOUSE, Country House & Studio, Fajã de Baixo, Ponta Delgada. (Pics. 1-2).

Belonging to the family for six generations, an old barn surrounded by gardens and orchards was carefully rebuilt in 2017 and adapted into two contemporary guest houses breathing history and tradition. The architectural project, interiors and furniture were designed by Mezzo Atelier which also involved local artisans in the production process of custom-made furniture and objects. The Pink House has around 2 hectares of land to explore: gardens, orchards, lawns, estate woods, swimming pool. The owners provide useful information about sightseeing, the best places to hike, swim or eat like locals.

Ponta Delgada's historical centre: 7 minutes by car.
Airport: 5 minutes by car. Nearest beach: 10 minutes' drive.
www.pinkhouseazores.pt

ARTS & CRAFTS:

Museu Carlos Machado, Ponta Delgada: Nucleo de Santo André, natural history circuit (ocean life hall, birds, fish, mammals, invertebrates, fossils, rocks and minerals, plants and reptiles) (Pics. 3-5);

Estufas de Ananáses, Plantação Dr Augusto Arruda (since 1919), Fajã de Baixo: a model pineapple plantation (*Ananassa sativus Lindl*) in glass greenhouses, free admittance. Shop: pineapple fruit, juice, marmalade, liquor, handicrafts (Pics. 6-9);

Fábrica Chá Gorreana, Ribeira Grande; tea house. They have been cultivating tea since 1883, following the original traditions of the Orient as well as preserving the qualities that have been in their family for five generations;

Fábrica Chá Porto Formoso, tea house and plantations;

Fábrica de Cerâmica Vieira, Lagoa (est. 1862). Handmade pottery manufacture, *azulejos* (tiles);

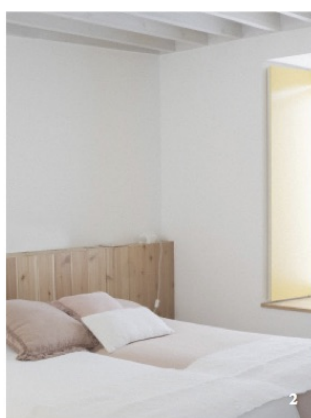
Arquipélago - Centro de Artes Contemporâneas, Ribeira Grande: contemporary art center, contemporary architecture and culture, training. (Pics. 11-12).

www.museucarlosmachado.azores.gov.pt

www.ananasesarruda.com

www.gorreana.pt/en

www.arquipelagocentrodeartes.azores.gov.pt



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NATURE SPOTS AND HOT SPRINGS:

Parque Terra Nostra, Furnas (1775): botanical gardens, walking trails & thermal water tank/pool (Pic. 10);
 Poça da Dona Beija, Furnas: pools, geothermally heated waters from an iron-rich water spring;
 Caldeira Velha and Salto do Cabrito, Lagoa do Fogo: natural hot pools and waterfall;
 Termas da Ferraria, Ginetes: natural hot pools in the ocean (accessible only at low tides);
 Zona da Caloura, Vila Franca: seafront, harbour, beach;
 Lagoa das Sete Cidades & Santiago: lake and village;
 Lagoa Furnas, Lagoa do Congro;
 Lagoa do Fogo: hiking to the caldera lake (30/40min);
 Ruínas do Hotel Monte Palace and Miradouro da Vista do Rei, Sete Cidades;
 Nordeste.

www.parqueterranostra.com
www.pocadonabeija.com

BEACHES:

Praia de Santa Barbara (surf spot);
 Praia da Caloura;
 Praia do Degredo, Vila Franca do Campo (very secluded);
 Praia da Amora, Vila Franca do Campo, Ponta Garça;
 Praia da Viola, Porto da Maia;
 Praia dos Moinhos;
 Praia de Água d'Alto;
 Praia dos Mosteiros & natural pools (Pic. 13, next page).

WALKING TRAILS:

Aldeia do Sanguinho, Cascata Salto do Prego, Faial da Terra
www.trilhos.visitazores.com

FESTIVALS:

Tremor (annual music festival, held in April);
 Walk&Talk (annual, experimental and participative arts festival, held in July).
www.tremor-pdl.com/en
www.walktalkazores.org

EAT:

in Ponta Delgada:

Restaurante Alcides (best steak in town – “Bife Alcides”);
 Confeitaria A Colmeia (food and sweets with national and Azorean specialities – *pastéis de nata com ananas/maraca, quejada* – light meals or snacks, sandwiches);
 A Tasca (traditional);
 La Gelateria (Italian artisanal ice-cream and café);
 Mané Cigano (informal and cheap lunch, traditional food – *chicharros fritos*);
 Os Primos (chef Hugo Ferreira);
 Rotas (vegetarian food);

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Louvre Micaelense (shop, café, bar);
Delicias Do Mar (best grilled fish in town cooked by an old fisherman);
Colégio 27 (jazz live music);
Big21 (tradition reloaded);
Anfiteatro (easy lunch spot, gourmet dinners);
O Galego (one of the best steaks in town);
Tarquinia Vieira (young chef, local products, international dishes);
AC Armazéns Cogumbreiro (breakfast, lunch, snacks);
Mercado da Graça (local central market: O Rei Dos Queijos, cheese shop);
in Ribeira Grande:



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Tuká Tulá, Praia de Santa Barbara (on the beach);
Restaurante Associação Agrícola (top steak “*alla Regional*”);
Alabote (grilled food);
around Furnas:

Cantinho Do Cais, São Brás, Costa Norte (simple fish soup, seafood);
Restaurante do Terra Nostra Garden Hotel, Miroma o Tonys (traditional “Cozido”);
Ponta do Garajau, Ribeira Quente (Povoação fish and local dishes);
in Caloura:

Bar Caloura (best fish of the day, by the sea).

Check out Yuzin, free guide to cultural events in São Miguel www.facebook.com/YuzinAzores



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📍 DAYS 6-9: LISBON

Fly to Lisbon Airport (LIS) with TAP Air Portugal.

Sleep (3 nights) at SANTA CLARA 1728, a “family house of Silent Living” in Campo de Santa Clara (*Pic. 20, next page*), a traditional neighbourhood in the heart of Lisbon’s cultural and historical centre (*Pics. 14-17*).

www.silentliving.pt/houses/santa-clara-1728



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On your doorstep, you’ll find:
Feira da Ladra, legendary flea market (every Tues and Sat);
Monastery of *Sao Vicente de Fora*, 17th century;
The National Pantheon, the old Sta. Engrácia church;
Alfama neighbourhood, the oldest Moorish quarter in Lisbon which predates the earthquake of 1755, a maze of narrow streets, fado and famous viewpoints (*miradouro*);
Portas do Sol, São Jorge Castle, Moorish castle occupying a commanding hilltop position overlooking the historical center of the city and River Tagus;
City centre (*Baixa*), a 15-minute walk or ride away on one of the picturesque old Lisbon trams.

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EAT:

Ceia, a unique “family gathering” for supper at Santa Clara 1728 (Wed to Sat, dinner only, upon reservation). 13 guests share a private and warm food experience by Chef Pedro Pena Bastos, who nurtures a profound respect for products and natural cycles and presents elegant flavours in a familiar and intricate manner;

Cervejaria Ramiro, founded in 1956 by Ramiro’s father as a small *casa de pasto* (“pasture house”), the former Beer House is an institution in Intendente, focusing uniquely on the concept of seafood house, in other words, selling seafood, ham and “steak sandwiches”. It’s a homely place with a nautical theme. Here you can find shellfish tanks, the famous shrimps with garlic sauce and the lively buzz of crowds of diners until late at night;

Belcanto by Chef José Avillez, awarded two Michelin stars. Opened in 1958 in São Carlos Square, Chiado. Revisited Portuguese cuisine that takes you on a journey in time, from Chad’s romantic past to the future. The chef’s menu tells a story in several chapters, with the kitchen team finding their way of expression through haute cuisine, a culinary illusion that moves those willing to try (*Pics. 18-19*);

Café Com Calma in the (still) unexplored Marvila “art” neighbourhood in East Lisbon is the best place to grab a healthy meal before you check in for your next flight (it is conveniently located close to Lisbon Airport);

Boi-Cavalo, a new favourite: Lisbon cuisine reinvented, in a former butcher’s in Alfama;

Pois Café, Alfama.

www.silentliving.pt/ceia

www.belcanto.pt/en

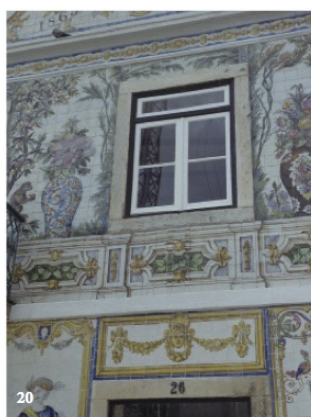
www.boi-cavalo.pt

www.poiscafe.com

SHOP:

Under The Cover, a contemporary bookshop offering a wide and brilliant range of international magazines, journals, books and artworks that are carefully chosen to inspire the modern reader. Drawn to free expression and provocative thinking. Where the shop owners will become your friends!

A Vida Portuguesa, a project born from an investigation into old Portuguese products: those that had been around for decades, that have kept their original packaging and that are still made involving an important dose of manufacture. The first inventory of items created and produced in Portugal, from the north to the south of the country. The first shop opened in June 2007 in the heart of the Chiado neighbourhood occupying the centennial space of the old David & David warehouse and perfume factory with its beautiful original cabinets. The shop in Avenida 24 de Julho displays over 6,000 product



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references under the same 500-sq. m roof of the old Viúva Lamego tile factory, part of the newly revamped Intendente neighbourhood.

www.underthecover.pt
www.avidaportuguesa.com

VISIT:

Gulbenkian Museum and Garden;

Museu Nacional do Azulejo, set in the Madre de Deus Convent, founded in 1509, its collections take you on a journey through the history of tiles, from the 15th century till the present day;

MAAT Museum: Museum Of Art, Architecture And Technology;

Belém neighbourhood: Mosteiro dos Jerónimos (the Hieronymite Monastery), Torre de Belém (the Belém Tower), “Pastéis de Belém”, Portuguese baking and sweetmaking since 1837: passed on and known exclusively to the master confectioners, the ancient “secret recipe” from the monastery has remained unchanged to the present day;

Museu Nacional de Arte Antiga, Museum of Antique Art.

www.gulbenkian.pt
www.museudoazulejo.gov.pt
www.maat.pt/en
www.pasteisdebelem.pt/en
www.museudearteantiga.pt

☺ DAYS 9-15: ALENTEJO

Drive and stroll through unexplored calm landscapes of vast golden plains, olive and oak trees and the precious historical towns of Arraiolos, Montemor-o-Novo, Évora (*UNESCO World Heritage*) (*Pic. 21*), Monsaraz and Estremoz.

SLEEP:

VILLA EXTRAMUROS in Arraiolos (2 nights) (*Pics. 22-29*).

CASA NO TEMPO, a farm by Silent Living, in Arraiolos (2 nights) (*Pics. 31-34*).

Activities: horse riding, fishing, stargazing.

Excursions: Fluviário De Mora, Monte Selvagem.

SAO LOURENÇO DO BARROCAL, in Monsaraz (2 nights).

www.villaextramuros.com/pt
www.silentliving.pt/houses/casa-no-tempo
www.restaurantefalho.pt
www.barrocal.pt

EAT:

Restaurant O Arado, Montemor-o-Novo;

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Restaurante A Moagem, Arraiolos;
Republica do Petisco (*Cervejaria, tapas, petiscos*), Arraiolos;
Restaurante Fialho, Évora, est. 1945 (*Pic. 30*);
Dom Joaquim, Évora;
Pão De Rala, Évora;
O Maçã, Évora;
Café Arcada, Évora: since 1942, pastries, coffee a with view of the Giraldo Square;
Mercearia Gadanha, Estremoz: high-quality grocery shop with national products, typical restaurant;
Adega Velha, Mourão, typical tavern, old recipes (*Pic. 35*).

VISIT:

Castle and town of Arraiolos;
The town of Évora (*UNESCO World Heritage*);
Monsaraz Castle, 13th century, and village (*Pic. 36*);
Alqueva Lake and Alentejo plains.

SHOP:

São Pedro do Corval for traditional pottery;
Mizette Nielsen, Reguengos de Monsaraz (factory) and Monsaraz (shop), small-scale manufacture of woollen blankets and carpets;
Joaquim José Veladas Correia, Reguendos de Monsaraz, for handmade cow bells.

EXTRA FAVOURITES:

In Lisbon: Baixa House, a five-star apartment building from the 18th century, located in the heart of the Baixa district (downtown). Each apartment is named after a Lisbon garden which inspires their individual design and decorations. The discreet and unobtrusive interior design includes numerous Portuguese handicrafts.

In Comporta, one hour south of Lisbon, the region is well known for its white sandy beaches, great wines, fresh fish and beautiful rice paddies.

Casas Na Areia, originally a family beach house, honours the simplicity of the original fishermen's houses, while combining nature and contemporary architecture. Four houses with timber walls and sand floors.

Cabanas No Rio, two old fishermen's huts facing the vastness of the river Sado and allowing all the outside elements in through its doors. Free from all superfluous objects.

www.baixahouse.com

www.silentliving.pt/houses/casas-na-areia

www.silentliving.pt/houses/cabanas-no-rio

MORE INFORMATION:

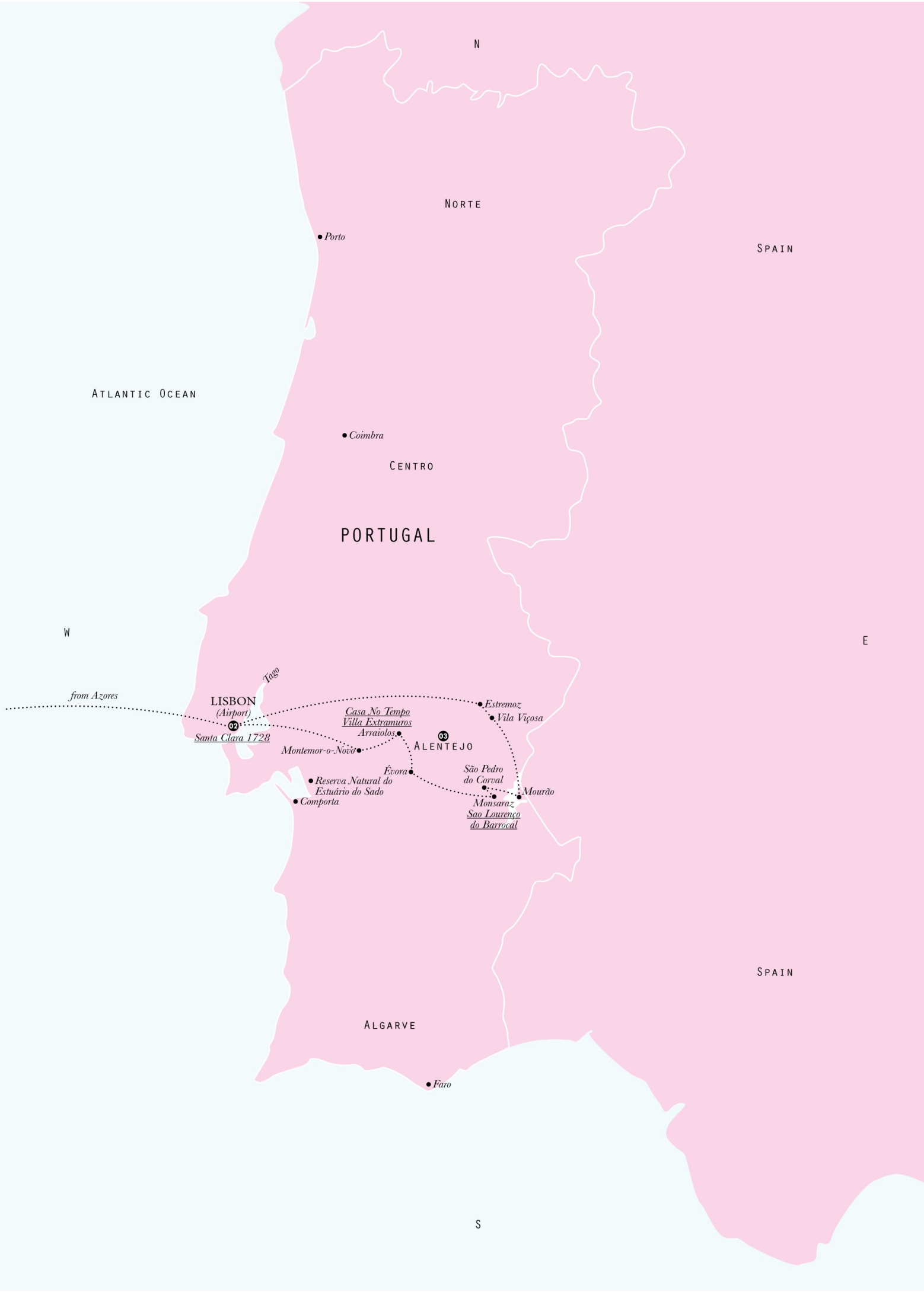
www.visitlisboa.com

www.visitalentejo.pt

www.visitazores.com

www.fbytap.com





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• Porto

• Coimbra

CENTRO

PORTUGAL

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E

from Azores

Tago

LISBON

(Airport)

02 Santa Clara 1728

Casa No Tempo
Villa Extramuros

Arraiolos

03 ALENTEJO

Montemor-o-Novo

• Estremoz

• Vila Viçosa

• Reserva Natural do
Estuário do Sado

• Comporta

Évora

São Pedro
do Corval

•

Mourão

Monsaiz
São Lourenço
do Barrocal

SPAIN

ALGARVE

• Faro

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