

Swedish Lapland is Sweden's northernmost province and, with more than 30,000 lakes and a coastline of over 1,500 km, it accounts for nearly a quarter of its territory. The region is home to Europe's only indigenous people, the Sami. Their homeland spans a high arch from Norway, through Sweden and Finland into Russia, also known as Sápmi.

Fly to Luleå via Stockholm

On the coast of northern Sweden, Luleå was founded in 1621. It's the capital of Norrbotten County, the northernmost county in Sweden.

Stay at TREEHOTEL in Harads.

Inspired by the film *The Tree Lover* by Jonas Selberg Augustsen, the treerooms combine high-standard accommodation with unspoiled nature. The rooms are suspended 4-6 metres above ground with spectacular views of the Lule River. A very important part of the hotel concept is to consider ecological values and make minimal environmental impact.

The restaurant offers all kinds of local Swedish delicacies from the Nordic pantry, whether it's wild game or the finest hand-picked berries. treehotel.se

Activities:

Visit the the home of Alaskan huskies and get an insight into their training and preparation. Personal and private sleddog activities, from 2-3 hours to more demanding expedition tours. laplandhusky.com

Forest hike (3h): explore the forestland of Swedish Lapland with an experienced guide who will tell you more about the flora and fauna. In autumn you can pick your own berries.

Visit:

Gammelstads Kyrkstad

(Nederluleå, Luleå)

With its 15th-century church and 424 wooden buildings, the "church village" is the largest and best-preserved example of its kind in Sweden. visitgammelstad.se

Jokkmokk

The Sami name of the town (composed of the individual words *jåhkå* and *måhkke*) means "river's curve," due to the meandering river that runs through it. It is an important place for Sami people and the location of several Sami institutions, including an education centre, the Ájtte museum, and a Sami parliament office.

Jokkmokk Market

The traditional market has been celebrated annually, starting on the first Thursday in February, since 1605. This celebration features cultural activities and culinary experiences in one of the most important social events for the Sami people in Sápmi. Temperatures during the festival can drop as low as -40 °C. jokkmokksmarknad.se

The forest Sami and the Arctic Circle

(Flakaberg)

A visit to a forest Sami family is a journey into Sami culture and everyday life. You will get to meet the reindeer that wander the farm, try pot-boiled coffee by the campfire and be treated to a tasty lunch. The tour also includes a visit to the Arctic Circle.

Eat in Luleå:

Something's going on in Luleå. The city boils, fries, night-bakes, deep fries, sautés, braises, pickles and preserves, eats, drinks and enjoys every day of the week. Meet Luleå's new, thriving restaurant culture.

CG Restaurant

Cooking according to simple traditions, baking with sourdough, slow cooking and respect of seasonal produce. restaurangcg.com

Bistron

Pure ingredients and raw attitude.

Bistron focuses on high quality local produce, served in a cosy bistro atmosphere. bistron.se

Hemmagastronomi

The evening menu consists of a wide variety of Nordic and more international dishes cooked using first-class raw materials. They also have a fantastic cocktail menu just asking to be tasted. hemmagastronomi.se

Cook's Krog

One of Luleå's oldest traditional restaurants. cookskrog.se

Extra favourites

Aurora Sky Station

Abisko, in the middle of the auroral zone, is considered to be the best place on earth to see the Aurora Borealis. With its fresh, clear air and its practically permanent cloud-free sky, the prerequisites in Abisko are optimal. Active northern lights can be seen almost every night. auroraskystation.se

Edible Country experience

(Skeppsholmen, Arjeplog)

Naturally healthy food can be found just around the corner. The menus are created by four Swedish Michelin-starred chefs. Their recipes will make your visit to Swedish nature even more memorable.

Try the autumn dishes of northern Sweden: freshly smoked char, chanterelles, juniper berries and wood sorrel. Reserve your seat at the Edible Country table. visitsweden.com/edible-country

Geunja Sami Eco Lodge

(Ammarnäs)

Run by the Vinka family, they'll teach you about Sami cultural heritage and traditions, as well the nature and animals with which the Sami people are so intrinsically connected. This adventure includes guided boat trips, hikes in the nearby mountains and fishing. Traditional dishes such as reindeer stew and chanterelle soup are cooked over an open fire and the accomodation is either a Sami-designed, grass-roofed log cabin or a traditional goahti hut. samiecolodge.com

Train route in the very north of Sweden

Sundvall-Örnsköldsvik-Umeå-Luleå-Jokkmokk-Kiruna-Abisko-Björkliden-Riksgränsen

It's hard not to be enchanted by the natural scenery, mountains and islands. After Umeå, the landscape has a different kind of beauty, one that is uniform and almost meditative. Endless forests stretch to the horizon. sj.se/en/we-offer/train-routes-in-sweden.html

For more information visit swedishlapland.com



LOFOTEN ISLANDS

ABISKO

JOKKMOKK

ARCTIC CIRCLE

HARADS
TREEHOTEL

AMMARNÄS

ARJEPLOG

BODEN

LULEÅ

NORWEGIAN SEA

W

E

SWEDEN

FINLAND

NORWAY

GULF OF BOTHNIA

RUSSIA

STOCKHOLM

S

GULF OF FINLAND

BALTIC SEA

ESTONIA